

The Big Body

Step 1

Apply a foundation product to condition the cuticle. This will prepare for other layering of the product. Ideally apply this to damp hair. Make sure the hair is blotted dry with a towel before application.



Step 2

Use a low tension, soft bristle or paddle brush to loose some of the excess water. Do not rough the cuticle up, use slow smoothing strokes with the brush. Try to lift the roots if possible. Dry the hair to 70-80% dry.



Step 3

Apply a small amount of a medium hold product to thick 2-3 inch sections. Work the product evenly through mid lengths and ends. Blow-dry hold gels are ideal for this.



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Step 4

Once the product is thoroughly worked in the hair, blow-dry using a medium to large round brush. Lift the roots as much as possible and roll the brush in at the ends. This will create volume and lift. It is ideal to have 2 inch sections depending on hair texture.



Step 5

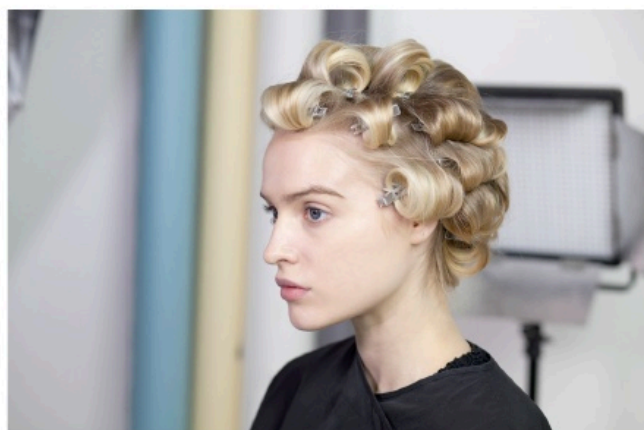
Once the section is dry and movement is created, clip the hair while it is still warm. This will help set the hair and keep the movement in place.



Step 6

Complete all sections using the silver clips. Blow-dry with movement and volume. The hair must cool completely before removing the silver clips.

Tip: to speed up cooling time you can use the cool air button on your hairdryer.



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Step 7

Remove all silver clips gently and be careful not to flatten the hair with the heat of your hands.



Step 8

To add extra movement to a big body blow-dry - take a large straight barrel tong and tong large 2 inch sections. Tip: tong away from the face for the best results. Spray each section with a light hairspray to help prep the hair for the tongs.



Step 9

For added volume use an over directing backcombing technique. whichever way the hair will be styled, backcomb the hair the opposite way for the maximum effect. Do this only at the roots.



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Step 10

Use a light hairspray for each back-combed section. This will help keep the backcombing in place.

